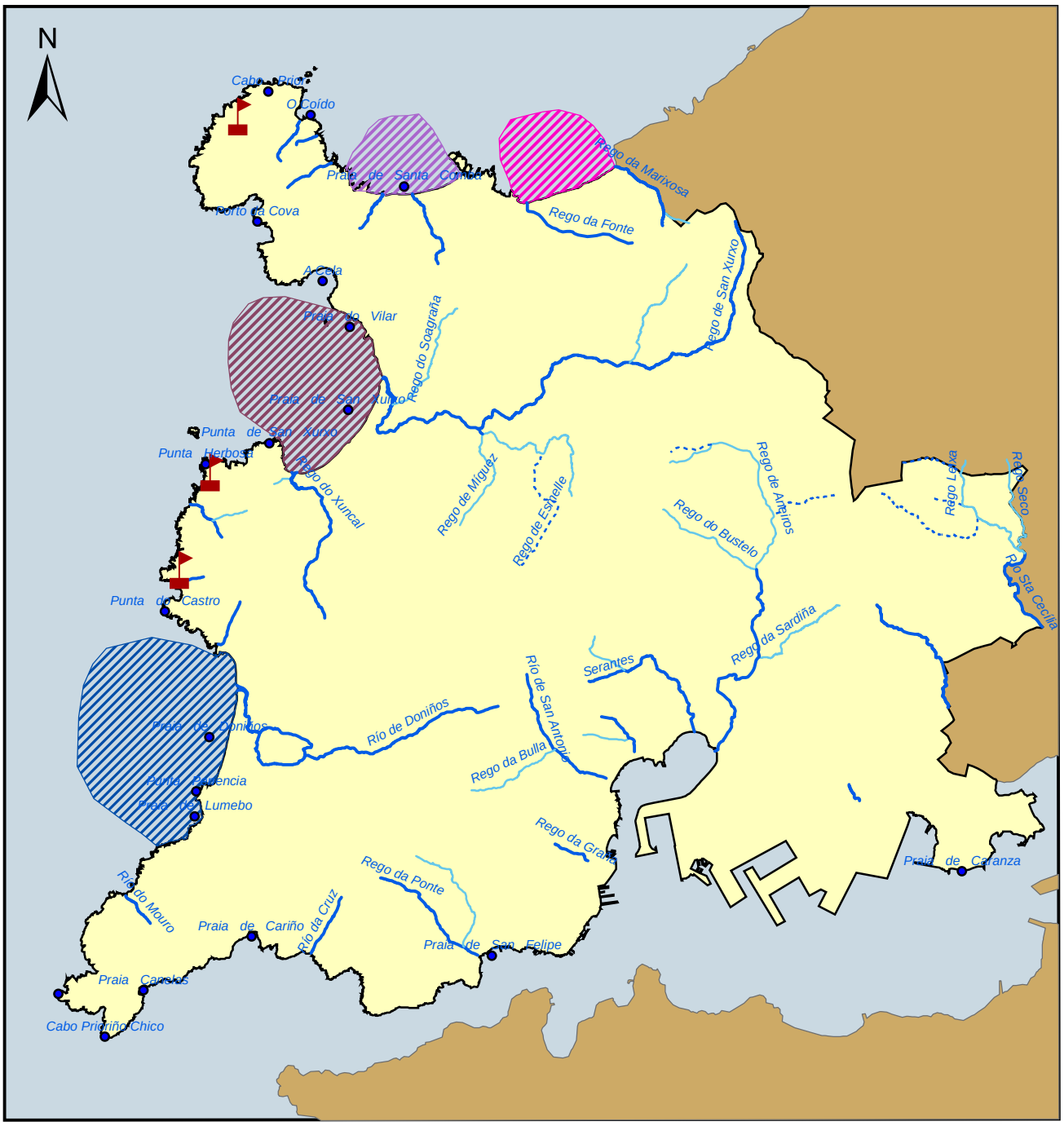Deportes de Aventura